

30 Day Race Challenge

30 days toward a deeper understanding of race-relations

1. Read [White Privilege: Unpacking the Invisible Knapsack](#).
2. Watch [this news special](#) about children's views on race in the US.
3. Read about [racial micro-agressions](#).
4. Watch an episode of Skip Gates' documentary [African-American Lives](#)
5. Learn about the experience of [being the only one](#).
6. Sit with [these statements](#) about privilege.
7. Read more about [why white people don't talk about race](#).
8. Watch this TedTalk on [racial injustice](#).
9. Read more about [why white people need to talk about race](#).
10. Consider [ways](#) people fight injustice with courage.
11. Choose an ethnic recipe and purchase the ingredients in an ethnic grocery store.
12. Reflect on the aspects of culture represented in the [Iceberg Concept of Culture](#).
13. Read an article (or several) from [this list](#)
14. Consider these [Thanksgiving stories](#) instead of the traditional ones.
15. Learn more about [supporting immigrant communities](#).
16. Deepen your understanding of [undocumented immigrants](#).
17. Evaluate your [cultural intelligence](#).
18. Visit a church of another ethnic group.
19. Check out these examples of racial [microaggressions](#).
20. Read this article on [learning about racism from the church](#).
21. Learn [healthy ways to speak about race](#).
22. Watch this video by Cornel West on [Race, Values, and Lives Worth Living](#).
23. Read this [reflection about names](#).
24. Consider the [implications of Jesus being seen as white](#).
25. Learn from [people who work for good](#).
26. Consider the [impact of racial jokes](#).
27. Question your [historical knowledge](#).
28. Read [Harry Potter](#). (Just kidding - wanted to see if you were still going!)
29. Reflect on the [reality of living in poverty](#).
30. Think [outside the middle class box](#).

This is only just the beginning! Read more at:

thelinkbetweenworlds.com